

# **MIND BODY SWING - WAIVER & RELEASE OF LIABILITY**

*READ CAREFULLY BEFORE ACKNOWLEDGING*

In consideration of being allowed to participate in any Mind Body Swing (MBS) training programs, events, or activities, the undersigned parent or legal guardian acknowledges and agrees that:

1. Participation in golf activities, physical training, and facility use involves inherent risks, including the potential for serious injury, illness, or death. While instruction, equipment, and supervision may reduce these risks, they cannot eliminate them entirely.

This includes, but is not limited to, golf instruction, warm-up routines, stretching, and strength or conditioning exercises performed on-site.

2. I knowingly and freely assume all such risks, both known and unknown, even if arising from the negligence of MBS staff, coaches, or other participants. I accept full responsibility for my child's participation.

3. I agree that my child will comply with all MBS guidelines, rules, and expectations. If I observe any potentially hazardous situation, I will notify MBS staff and, if necessary, remove my child from participation.

4. I, for myself and my child, hereby release, hold harmless, and agree not to sue Mind Body Swing, its owners, employees, contractors, affiliates, and facility partners ("RELEASEES") from any and all claims, liabilities, or demands for injury, illness, disability, death, or property damage arising from my child's participation - whether caused by the negligence of the RELEASEES or otherwise - to the fullest extent allowed by law.

## **PARENT/GUARDIAN AGREEMENT**

I HAVE READ AND UNDERSTAND THIS WAIVER & RELEASE OF LIABILITY, AND I AGREE TO ITS

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TERMS FREELY AND VOLUNTARILY.

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Golfer's Name: \_\_\_\_\_